

Don't Over Coach

Keep it simple during games. Emphasize just one or two goals per half for the players to focus on. Give clear and concise instructions before the game and during halftime. Save the coaching for practice. Practice is the time and place to over emphasize coaching points to prepare players for game situations. The more exposure to game related situations, the more prepared players will be during actual games and the more likely they'll be successful making their own decisions. Besides, players need to make decisions and mistakes, so they can learn and develop as a player. Failure leads to success!

Learn From Your Mistakes

Games, practices, and scrimmages are all perfect times for learning and gaining valuable experience. Coaches need to allow players to make mistakes, because failure leads to success. The trick is to not make the same mistake twice. When a mistake is made, the coach should make a note of it, and discuss it at a time when players can practice correcting the mistake. Players grow and develop through learning from their mistakes.